

## Senior Services

### **AARP - Money and Work**

[www.aarp.org/states/tn](http://www.aarp.org/states/tn)

[www.aarp.org/money](http://www.aarp.org/money)

888-687-2277

A variety of money topics for senior citizens. Includes articles on financial planning, social security, managing debt and tax assistance. Geared toward senior citizens, retirees and those planning for retirement

### **Aging Commission of the Mid-South**

[www.agingcommission.org](http://www.agingcommission.org)

2670 Union Avenue Ext. 10th Floor

Memphis, TN 38112-4428

901.324.6333

The Mission is to assist older adults or persons with disabilities in leading independent, meaningful, dignified lives in their own homes as long as possible. Advocacy Services, Information and Referral, In-Home Assistance, Senior Citizen Services.

FAMILY CAREGIVER SUPPORT Program, OPTIONS for COMMUNITY LIVING Program – a home based program for frail and/or persons 18 years and up with disabilities (1-866-836-6678), Alzheimer Day Care, Public Guardianship Program. Fans for Seniors Program uses volunteers to deliver fans to persons over the age of 65.

### **Creative Aging**

[www.creativeagingmidsouth.org](http://www.creativeagingmidsouth.org)

1451 Union Ave. Ste. 120

Memphis, TN 38104

901.272.3434

Ensure elders have continued access to arts programs and opportunities for creative expression, Provide programming for vital & frail elderly as well as those limited by financial constraints, Promote positive connections between individual older adults and the general community, Nurture and support lifelong learning and engagement, Honor the creative contributions and wisdom of older adults

### **Delta Medical Center**

[www.deltamedcenter.com/Services/Services.htm](http://www.deltamedcenter.com/Services/Services.htm)

3000 Getwell Rd,

Memphis, TN 38118

901.369.8100

Offers a wide variety of services, Center for drug and alcohol addiction and mental health is one of the best in the Memphis and West Tennessee area offering many specialized services including: Geriatric life skills unit designed for seniors who are experiencing difficulties with depression, dementia, or other age related concerns; Behavior health center designed for those individuals who need treatment for depression, anxiety, neurologic disorders and other mental health issues. This unit also offers a Christian-based treatment track for those individuals who wish to use Scripture to assist in their healing process. Chemical dependency and detox unit for patients that need help with both addiction and depression.

### **Diocese of Memphis Housing Corporation, Catholic Charities**

[http://accinwesttn.org/Housing/dmhc\\_main.htm](http://accinwesttn.org/Housing/dmhc_main.htm)

1325 Jefferson

Memphis, TN

901.722.4772

### **St Peter Manor**

108 North Auburndale

Memphis, TN 38104

901.278.8200

Senior citizens 62 and older and individuals with a mobility impaired disability. Includes 49 efficiency apartments and 234 one-bedroom apartments, each complete with a living room, kitchen and bath. Have similar projects in nearby towns

**Family Services of the Mid South**

[www.fsmidsouth.org](http://www.fsmidsouth.org)

2430 Poplar  
Memphis, TN 38112  
901.324.3437

A multi-service agency providing individual, family and child counseling, homemaker services, with comprehensive services to those infected with HIV/AIDS. Crisis center a 24 hour, 365 day per year suicide and crisis intervention telephone response service, provides financial education to homeless and senior citizens. Assist victims of Domestic Violence through providing assessments, Crisis Counseling, Court Advocacy, Individual Counseling for Adults, Support groups for children and adult victims, Information and Assistance related to victims compensation, Community Education Information and Referrals. Senior Crime Intervention Services is a federally funded program through the Victims of Crime ACT (VOCA). The program is for all victims of crime Ages 60 and over regardless of income. Advocacy services through Shelter Plus Care (HUD program) to the chronically homeless, mentally ill and those suffering from HIV/AIDS. Assist with deposits, utilities, rent and other necessities to establish housing, Aids Care , homemaker services and counseling for Victims of Crime, Assistance to Victims of Family Abuse or Elder Abuse, Fighting back for Seniors, Victim Counseling, Court Advocacy, Assistance in filing for victims compensation, Transportation to Court and Property Repair

**Fans for Seniors, Aging Commission of the Mid-South**

2670 Union Avenue Ext. 10th Floor  
Memphis, TN 38112-4428  
901.324.6333

Program uses volunteers to deliver fans to persons over the age of 65. Individuals may receive a fan every other year if they live in Shelby County and do not have functioning air conditioning. Those in need of a fan or wanting to make a donation to the program may contact the Shelby County Mayor's Office on Aging at 324-3399.

**Goodwill Homes Community Services**

<http://www.goodwillhomesheadstart.org/hsmission.html>

4590 Goodwill Road  
Memphis, TN 38109  
901.785.6790

All ages, All disabilities, Adult Day Care, Child Care Program, Residential Services/Child, Senior Citizen Services, Group homes/foster care for children in state custody, Summer youth job training program, Preschool and after school care (ages 6-12), Supportive housing for low income persons 62 years and older (must apply with Bearman Golden Gardens ). Creating opportunities to maintain self-sufficient families. Our core values include: Mutual respect for clients and others; Quality Services; Accountability; Professionalism and Efficiency. Goodwill Homes Community Services, Inc. continues to help break the cycle of poverty and improving the life of the people we serve. The Agency delivers the most extensive social services in the southwest Memphis area. The Agency has focused on providing innovative leadership in its programming to empower others to become and remain self-sufficient. The following program make up the Agency's scope of services: Foster Homes for Children, Head Start, Adult Day Care, Senior Center, Jacquelyn Shropshire Literacy Center and the Bearman-Golden Gardens.

**Jewish Community Center**

[www.jccmemphis.org](http://www.jccmemphis.org)

6560 Poplar Ave  
Germantown, TN 38138

Provides social group work; leisure activities; health and physical education; individual, group and family counseling; day care; day camp; family life/informal education; cultural and social programming.

**King's Daughters and Sons Home**

[www.iokds.org/membership2.html](http://www.iokds.org/membership2.html)

3568 Appling Rd  
Bartlett, TN 38133

Provides 24-hour comprehensive nursing and rehabilitation care for the elderly and physically disabled. Residents receive specialized care, a home atmosphere and high social interaction.

## **The Memphis Center for Independent Living**

[www.mcil.org](http://www.mcil.org)

1633 Madison Avenue

Memphis, Tennessee 38104

901.726.6404

Mission is to facilitate the full integration of persons with disabilities into all aspects of community life.

## **Memphis City Schools, Adult Education**

[http://www.mcsk12.net/admin/communications/Dept\\_Curriculum/Careers\\_Tech/adulteducation.htm](http://www.mcsk12.net/admin/communications/Dept_Curriculum/Careers_Tech/adulteducation.htm)

Many career and technology courses are available. Messick is the central administrative and program site for Adult Basic Education and General Education Diploma (ABE/GED) Programs, the Families First ABE/GED program, English as a Second/Other Language for adults, Adult Vocational Training Programs, Vocational Services for Internationals, and Memphis Adult High School. The center provides day and evening classes, twelve months a year, for adults with a variety of educational needs. The student profile is as diverse as the community served and reflects the difference in cultural, social, and economic strands of the Memphis metropolitan area. Adult Education programs are open to anyone seventeen (17) years of age or older, who is not presently enrolled in a regular secondary school program. Pupil Services of Memphis City Schools or Juvenile Court may grant age waivers to students less than seventeen (17) years of age.

East Career and Technology Center 3225 Walnut Grove Road, Memphis, TN 38111 901.416.6200

Kansas Career and Technology Center 80 West Olive Avenue, Memphis, TN 38106 901.416.7300

Sheffield Career and Technology Center 4350 Chuck Avenue, Memphis TN 38118 901.416.2340

Kingsbury Career and Technology Center 1328 North Graham, Memphis, TN 38122, 901.416.6000

Southwest Career and Technology Center 3746 Horn Lake Road, Memphis, TN 38109 901.416.8186

Trezvant Career and Technology Center 3224 Rangeline Road, Memphis, TN 38127 901.416.3800

Messick Adult Education Center 703 S. Greer Street, Memphis, TN 38111 901.416.4840

Telecommunications Center 2485 Union Avenue, Memphis, Tennessee 38112 901.416.3460

Martin Luther King, Jr Educational and Cultural Center:

620 S Lauderdale, Memphis, TN 38126 901 416 7259

## **Meritan**

[www.meritan.org/takeaction.htm](http://www.meritan.org/takeaction.htm)

4700 Poplar Avenue, Suite 100

Memphis, TN 38117

901.766.0600

Advocacy Services, Information and Referral, In-Home Assistance, Senior Citizen Services

Senior Services Home Health child placement that finds and trains medical and therapeutic foster families for difficult to place medically and emotionally fragile children, alliance for the Blind and Visually Impaired, an exercise and fitness program offered at senior centers & churches, Ruth E. Tate Senior Center - a social hub - much like the local market, community center, gym, church, theater, or workplace is for the rest of us, in home alternatives to costly Medicaid nursing home admissions by providing professional support when a family member can help, finding meaningful work for hundreds of older workers every year

**Home Share** Another in-home program, somewhat like a foster care model, that helps people with developmental disabilities live as independently as possible.

**H.O.M.E. Program** A long-term alternative care program for frail individuals needing assistance and care, Must be Medicaid eligible. Foster care for special needs children, Personal case management, Homemakers, Senior centers, Employment for older workers

## **Memphis-Jewish Home**

[www.memphisjewishhome.org/contact-mjh.html](http://www.memphisjewishhome.org/contact-mjh.html)

36 Bazeberry Rd

Cordova, TN 38018

901.758.0036

Nursing home, Jewish in character and environment, dedicated to providing the highest level of care possible with dignity, compassion and professionalism, using the most advanced methods and resources available.

**Metropolitan Interfaith Association**

[www.mifa.org](http://www.mifa.org)

910 Vance

Memphis, TN 38126

901.271.6432

Services Thru MIFA

Meals Meals delivered to homes

Transit Drive senior citizens to bank, doctor, pharmacy, grocery store, congregate meal sites

Senior Companion Pairs active low income senior citizens with homebound, disabled or critically ill peers

901.271.6432, ext 435

Long-Term Care Uses volunteers and staff to investigate complaints and monitor assisted living care

Ombudsmen advocates for residents of nursing homes, assisted-living facilities and residential care homes throughout Shelby, Tipton, Fayette and Lauderdale counties. Through regular visits by staff and specially trained volunteers to facilities, the program investigates complaints and monitors the residents' quality of life, care and rights.

**Serenity House of Bartlett**

2508 Kenwood Lane

Memphis, Tn 38134

901 381 9192

Home for the aged. "Care in our own home", Physician and cosmetologist on staff, home cooked meals, social services and geriatric services.

**Shelby County Crime Victims Center**

<http://www.shelbycountyttn.gov/FirstPortal/dotShowDoc/Government/CountyServices/CommunityServices/whocan.htm>

901 545-4357

Seeks to provide services to victims of all crimes in Shelby County, including: Sexual assault, Family violence, Robbery, Assault. The Center also provides services to family members and friends of victims, including homicide victims. All services are free and confidential.

**Tennessee Department of Human Services, Adult Protective Services**

170 N. Main- 9th Floor

Memphis, TN 38103

3230 Jackson Ave

Memphis, TN 38122

901 320 7220

Investigation of allegations of abuse, neglect, exploitation of adults age 18 or older, who are disabled or elderly (over age 60) and are unable to protect their own interests and have no one able or willing to assist.

**Trezevant Manor**

[www.trezevantmanor.com](http://www.trezevantmanor.com)

177 N Highland St

Memphis, TN 38111

901.325.4000

Continuing Care retirement community

**Wesley Senior Ministries Foundation**

<http://www.wesleyhousing.com>

3100 Walnut Grove, Suite 513

Memphis, Tennessee 38111

901 325-7800

Committed to furthering the mission and ministry of Wesley Senior Ministries by communicating the needs of Wesley's residents and by building relationships to provide resources to enhance the quality of their daily living and well-being.

## **Wesley Housing Corporation of Memphis, Wesley Senior Ministries**

<http://www.wesleyhousing.com/>

3100 Walnut Grove, Suite 513

Memphis, Tennessee 38111

901 325-7800

Serves senior adults as an outreach of The United Methodist Church. It is a housing and healthcare ministry chartered to provide caring services that enhance the quality of living for elderly persons, regardless of race, creed, sex, disabling condition or the ability to pay. All Wesley communities are ecumenical in both staff and residents.

Serving the whole person in body, mind and spirit is a commitment of each community.

Latham Terrace 855 S. Fourth Street 901 774 0151

Wesley Highland Terrace 366 S. Highland 901 325 7830

Luther Terrace 3907 James Road 901 388 8702

Wesley Highland Meadows 3517 Andy Way 901 388 8880

Wesley Stage Park 2779 Battle Creek Drive 901 385 9330

Wesley Graceland Gardens 1430 Graceland Pines 901 332 2933

Wesley Magnolia Terrace 669 N. Third St.

### **Wesley Assisted Living**

Wesley Highland Place Assisted Living 3550 Watauga 901 325 7828

### **Wesley Nursing Care**

Wesley Highland Manor Nursing Care 3549 Norriswood 901 325 7820

## **Recreation Clubs**

**Ed Rice Community Center** 2907 North Watkins, Memphis, TN 38127 901 357 6919

**Central Senior Adults** 2005 Winchester Blvd, Collierville, TN 38017 901 255 8144

**Marion Hale Community Center** 4791 Willow Road, Memphis, TN 38117 901 685 8120

**McFarland Center** 4955 Cottonwood, Memphis, TN 38118 901 362 8350

## **Senior Centers**

### **Bartlett Senior Center**

5727 Woodlawn St., Bartlett, TN 38134 901.385.6439 Bartlett Park Commission

**Frayser Raleigh Senior Center** 3985 Egypt Central Rd., Memphis, TN 38128 901.383.9101 Memphis Park Commission

**Vera Ford Senior Center** 163 W. Raines Rd., Memphis, TN 38109 901.789.8355 Memphis Park Commission

**Lewis Center for Senior Citizens** 1188 North Parkway, Memphis, TN 38105 901.576.4255 Memphis Park Commission

**McWherter Senior Center** 1355 Estate Dr., Memphis, TN 38119 901.761.2462 Memphis Park Commission

**Orange Mound Community Service Center** 2590 Park Ave., Memphis, TN 38114 901.576.6622 Memphis Park Commission

**South Memphis Senior Center, Ruth Tate Center** 1620 Marjorie St., Memphis, TN 38106 901.774.2000

Meritan, Mifa Food

**Lacy Hardaway Jr. Memorial Senior Center**, 2264 South Lauderdale, Memphis, TN 901.461.2416 Independent Food Bank

**Goodwill Homes/Senior Center** 163 W. Raines, Memphis, TN 38109 901.785.6790

**East Senior Center** 4221 Macon, Memphis, TN 901.763.1181 Memphis Park Commission

**Metro Bickford Senior Center** 232 Bickford Ave, Memphis, TN 901.578.9546 Memphis Park Commission

### **United Methodist Neighborhood Centers**

[http://www.umnc.org/Center\\_Locations/](http://www.umnc.org/Center_Locations/)

278 Greenlawn,

Memphis, TN 38105

901 323 4993

Refugee Economic Independence Program (REIP) Developed in 2006 in response to the serious and specific needs of African refugee families in the Memphis area. Offers a variety of both children's and adult services designed to help refugees assimilate into the community.

Miriam Child Development Center Children have always been an integral part of UNMC's ministry, with day care services being offered to the community as early as 1907. Over a century later, that core vision has evolved into a full-service child development center for children aged 6 weeks to 12 years. Keep children starting at 6AM and pick up after school for afternoon program.

Social Services Food, clothing and financial assistance are provided to families in need through six Social Service Centers throughout Shelby County. The annual holiday food and toy drives benefit holiday food and toy drives benefit thousands of residents - especially the children of Memphis

The Susanna Wesley Senior Day Care and Alzheimer's Center. Scheduled to open in late 2008, the Susanna Wesley Senior Day Care and Alzheimer's Center will offer senior day care for elderly residents of Memphis' uptown neighborhood who cannot afford private day care services.

Social Services. Provides a wide range of social services to residents of the Memphis community, assisting over 30,000 families and individuals in 2006.