

## Counseling

### **National Alliance For The Mentally, Memphis**

[www.nami-memphis.org](http://www.nami-memphis.org)

3245 Central Av  
Memphis, TN  
901 323-5928

### **Basic Intervention for New Direction**

1057 E. Trigg Avenue  
Memphis, TN 38106  
901.690.1306

[www.basicintervention.com](http://www.basicintervention.com)

Youth Development/Leadership, Vocational/Job Assistance. Dedicated to providing an extensive social educational enrichment program, a wider variety of recreational activities, social entertainment and several support services for at-risk youth and their parents. Primary target market is, but not limited to, at risk youth and families of low to moderate income. The primary targeted youth age group is six to seventeen. We believe in training hearts and hands to prepare youth for adulthood.

Phases for Basic Intervention Program for Youth: Social Educational Curriculum "Who's In There?"/ Character Building , Etiquette, Money Management , Higher Education Readiness , Job Readiness , Wide Variety of Recreational Activities and Entertainment , Group and Personal Counseling , Abstinence Education and Community Involvement.

For Parents: Parenting Skills, Group and Personal Counseling, Job Readiness , Higher Education Readiness, Money Management, Group and Personal Counseling, Community Involvement.

Provide an extensive social educational enrichment program, a wider variety of recreational activities, social entertainment and several support services for at-risk youth and their parents. Our primarily target market is, but not limited to, at risk youth and families of low to moderate income. The primary targeted youth age group is six to seventeen.

### **Bethany Christian Services**

1044 Brookfield Road., Ste. 102  
Memphis, TN 38119  
901.818.9996

[www.bethany.org](http://www.bethany.org)

HIV/STD Prevention: Provides abstinence and STD education, Pregnancy-related, Shelter/Housing: Can assist with finding housing for pregnant females, Provides counseling to men and women who are expecting around adoption and foster care issues; Assistance with finding a home for children in foster care in and out of state; Support group, manifests the love and compassion of Jesus Christ by protecting and enhancing the lives of children and families through quality social services.

### **Boling Center for Developmental Disabilities, University of Tennessee at Memphis**

711 Jefferson Avenue  
Memphis, TN 38105  
901.448.6511

<http://www.utmem.edu/bcdd/>

Professional Mental Health Care: Behavioral Therapy, Psychiatric Evaluations, Emergency care/crisis, Child Care Program, Other: Referrals for Children in State Custody, Developmental Pediatric Clinic for children with developmental problems, Newborn Screening and Inborn Errors of Metabolism Mission: Our mission is to promote, support, and enhance the independence, productivity, integration, and inclusion of individuals with disabilities and their families in the community. Guided by these values, the University Center for Excellence in Developmental Disabilities (UCEDD) serves the state of Tennessee, the region, and the nation.

### **Branches of Life Inc.**

[www.branchesoflife.com](http://www.branchesoflife.com)

156 N. Bellevue Blvd.,  
Memphis, TN 38104  
901-728-5554

Professional Mental Health Care, Case Management, Substance abuse, Youth Development/Leadership, Tutoring/Educational Assistance, Vocational/Job Assistance. Enhance the social functioning of human systems (individuals, families and communities) by developing resources, promoting harmony and creating dynamic opportunities for growth and change, which will lead to self sufficiency and a higher quality of life. Individual, Group and Family Counseling, Substance abuse treatment, Alternative Parenting, Mentoring, Home Studies Educational and Vocational Counseling, Attendance Monitoring Income Maintenance, Home Buying Assistance, Credit Repair, Motivational Speaking, Community Education, Employment Assistance Program, Staff Development Training, Crisis Intervention, Home-based counseling services, Parenting Skills, Transportation

**Camelot Care Center Inc.**

<http://www.camelotcare.com/>

5100 Poplar Avenue, Ste. 2805

Memphis, TN 38137

901.821.0311

Part of Providence Service Corporation, a nationwide private company formed in order to respond to the increasing initiatives of government entities privatizing human services. Must be in foster care with the state to qualify. Private counseling is available only to those with certain insurance (i.e. Value Options) and must be under the age of 18, Behavior Resources, Counseling and/or Mental Health Services, Therapeutic Foster Care, In-home treatment, Full behavioral assessment.

**Center for Counseling, Learning and Testing, University of Memphis**

<http://saweb.memphis.edu/cclt/index.htm>

214 Wilder Tower

Memphis, TN 38152

901.678.2068

Made up of the Career and Psychological Counseling Center, the Educational Support Program, and the Testing Center, is a comprehensive student development agency committed to providing a seamless set of services to assist students in actualizing their maximum potential.

**Comprehensive Counseling Network**

[www.ccnmemphis.org](http://www.ccnmemphis.org)

2150 Whitney Av

Memphis, TN

901 353-5440

Offers mental health counseling and case management services at two locations in Shelby County. Our services are offered to children, adolescents, adults, and seniors from all areas of Memphis and Shelby County. All services are provided regardless of age, sex, race, religion, national origin, or disability.

Two Locations

Frayser Family Counseling Center

2150 Whitney Avenue

Memphis, TN 38127

901.353.5440

Paul Schwartz Center for Children and Families

2100 Whitney Avenue

Memphis, Tennessee 38127

901.353.5440

**Comprehensive Professional Services**

[www.comprehensiveprofessionalservices.com](http://www.comprehensiveprofessionalservices.com)

2600 Poplar Ave., Ste. 516,

Memphis, TN 38112

901-458-7448

Attention to specific problems within the family such as violence, drug abuse, marital stress, psychosis, depression and communication skills, Substance abuse. Workshops. Provide comprehensive clinical, mental health outpatient services through a variety of interdisciplinary approaches and modalities. These services will enhance the individual's psychological, psychosocial, emotional, economical, educational, and spiritual well-being. Will equip the individual to cope more effectively with the daily challenges within the environment.

**Christian Psychological Center**

[www.cpcmemphis.net](http://www.cpcmemphis.net)

3950 Central Avenue

Memphis, TN 38111

901.458.6291

Meet the growing need for quality psychological care within a Christian context in the Mid-South area. Offer a full-range of psychological services including individual, group, marital, and family therapy.

**DeNeuille Learning Center Women**

[www.deneuillecenter.org/](http://www.deneuillecenter.org/)

190 S. Cooper Street

Memphis, TN 38104

901-726-5902

Assist women of all backgrounds and cultures in learning the skills needed to make positive choices for themselves and their families. Job Training 18 & Over. Academic Classes Computer Studies--Microsoft Office, Typing, and Internet, Computer Repair,

GED Preparation, English as a Second Language, Parent Read, Business Skills and Job Readiness, Citizenship Test Preparation, Financial Literacy Enrichment Classes Sewing Psychological Encouragement and Support Counseling-Individual, Couple, Group, Parenting Classes, Anger Management Group.

### **Emotional Fitness Centers of Tennessee**

<http://www.emotionalfitnesscenter.org/>

901 370-4673

The state is funding emotional fitness centers at six Memphis churches for promoting and de-stigmatizing the need and use of Mental Health Services. The centers offer free access to counselors, emotional fitness screenings, a nurse practitioner, support groups and referrals to additional local mental health services. Organizers hope to reach those who have traditionally shunned mental health services such as counseling or medication for fear of being labeled crazy. A pilot project by churches in Shelby County.

The churches involved in this initial project include:

**The Healing Center (Training and Administrative Site)**

3885 Tchulahoma Road

Memphis, Tennessee 38118

**Christ Missionary Baptist Church**

494 S. Parkway East

Memphis, Tennessee 38106

**Cummings Street Baptist Church (Whitehaven)**

250 Raines Road

Memphis, Tennessee 38116

**First Baptist (Binghampton)**

2849 Broad Street

Memphis, Tennessee 38112

**New Direction Christian Church** (Hickory Hill Area)

6120 Winchester Road

4092 Lacewood (Counseling Center)

Memphis, Tennessee 38115

**Pilgrim Rest Baptist Church, Southwest Memphis**

491 McLemore Avenue

Memphis, Tennessee 38106

### **Exchange Club Family Center**

[www.exchangeclub.net](http://www.exchangeclub.net)

2180 Union Avenue

Memphis, TN 38104

901.276.2200

CHILDREN'S FAMILY VIOLENCE PROGRAM children ages 4 to 18 who have either witnessed or experienced domestic violence receive an initial clinical assessment and participate in age-appropriate group therapy.

CLUES (CHILDREN LEARNING USEFUL & EFFECTIVE SKILLS) youth ages 8 to 12 who have displayed unruly or disruptive behavior. This 10-week course provides participants with a forum to explore topics such as self-esteem, peer pressure, age-appropriate behaviors, and positive social skills COUNSELING group or individual, counseling is available from trained counselors for children and adult clients of the Family Center. Therapy is designed to help individuals heal from traumatic violence while recognizing, understanding, and learning to modify the behaviors that have a negative effect on their lives.

DOMESTIC VIOLENCE ASSESSMENT CENTER FOR ADULT OFFENDERS Adult offenders, program provides comprehensive clinical evaluations, risk assessments, and specific recommendations for treatment. Several other programs dealing with unacceptable child or adult behavior (See Web site for additional information Serves at-risk families, families involved in child abuse and neglect; plus families experiencing domestic violence through parenting education, adult/child counseling, volunteer parent-aide programs and community outreach.

### **Family Services of the Mid-South**

2430 Poplar Ave. Suite 205

Memphis, TN 38112

901.271.5399

<http://www.fsmidsouth.org/>

A multi-service organization providing intervention, counseling, and case management services through, Family Counseling, Consumer Credit Counseling, Elder Care, Homemaker, Homeless Resources, Advocacy for senior victims of crime, Case management for mentally ill, elderly, disabled, HIV/AIDS and homeless, domestic violence treatment and support groups for adults and children, anger management for adults and children and information and referral, Crisis Center-24 hour hotline/intervention and prevention service for those in emotional crisis or considering suicide, and financial case management services for mentally ill, disabled, and elderly, supportive services and emergency financial assistance for HIV/AIDS clients and their loved ones, educational workshops for the general community on a variety of topics ranging from how to create a budget to

parenting skills.

### **Family Solutions**

[http://www.tennhelp.com/tennHelpView?th\\_id=6730](http://www.tennhelp.com/tennHelpView?th_id=6730)

1835 Union Ave, Suite 530

Memphis, TN 38104

901 272 2411

Helps children, families and adults solve life's problems. We Provide counseling for a variety of mental health concerns. Counseling covers such issues as depression, anxiety, behavioral problems, abuse, communication, anger and alcohol and drug issues.

### **Family Tree Destiny Center**

901.396.9007

[www.familytreeds.org](http://www.familytreeds.org)

Restore the family both individually and collectively. Encompassing every aspect of family life which will in turn restore our community and society as a whole. By teaching, Counseling, Mentoring, Coaching, Advertising, Ministering and a variety of other techniques the family unit will be healed and restored through Jesus Christ.

### **The Healing Arts Research Training Center, LLC**

<http://www.thehartcenter.org/>

1384 Madison Avenue

Memphis, Tennessee 38104

901. 828.1332

Dedicated to helping people find meaning and purpose in their lives and offers various activities for personal growth and transformation. Provides everything from counseling, energy work, massage, and drumming circles to other deeper processes to help people go inward utilizing breath, music, and art. Offers Inner Quest for treatment services to people who want to release attachment to food, nicotine, drugs, alcohol, sex, and unhealthy lifestyles. Works with other agencies to provide a continuum of care to those who need long term therapy for a variety of reasons. It is a licensed out-patient addiction treatment center that uses many complimentary methods of care. Auricular acupuncture is utilized to assist in the detoxification process in the early stages of detachment to reduce cravings for those releasing unhealthy behaviors. Eye Movement Desensitization and Reprocessing (EMDR) is used to assist those who are healing wounds from trauma. Licensed qualified therapists work with people to change their beliefs and release emotional spiritual physical blockages that create barriers to transformation. With these approaches they may deepen their inner journey with movement, dance, and other arts to assist them in allowing expression and creativity to shift their consciousness and empower their process. A grand example of a balanced approach through the utilization of traditional and complimentary approaches to healing, addiction treatment, and personal transformation. The training aspect provides continuing education for other professionals in the counseling field. And, research is utilized to learn how each component works to help activate the inner healer/teacher of an individual toward emotional spiritual physical balance.

### **The Healing Center Full Gospel Baptist Church**

<http://www.memphishealingcenter.com/>

3885 Tchulahoma Rd

Memphis, TN 38118

The healing Word Counseling Center

3910 Tchulahoma Rd.

Memphis, TN 38138

Build God's kingdom and address spiritual, emotional, mental, and social needs of people through the preaching and teaching of the Word of God. It is our aim to utilize counseling and various other ministries designed to enhance the lives of people of all ages. Provide individual, marriage and family counseling. Support groups: Healing For Damaged Emotions, Stress and Burn-Out, Healing The Marriage, and Support for Codependency  
Heavenly Touch Center of Learning Day Care  
Glorious Future Community Head Start

### **Jewish Family Service**

<http://jfsmemphis.org/programs/>

6560 Poplar Avenue

Memphis, TN 38138

901.767.8511

Counseling, Adoption Connection, Amputee Support Program, Family Life Programs: Children of Divorce, Parent to Parent, Social Singles, Financial Assistance. Some services are available only to members of the Jewish Faith.

### **The Kingdom Ministries, Inc.**

8245 Cordova Road, Suite 100

Cordova, TN 38016

901.752.1945

<http://www.thekingdomministries.com/>

Recognizes that there are times you are in need of counseling but would feel more comfortable or find it more convenient to conduct your session over the phone rather than in person. Phone counseling is available by appointment for \$65 per hour. If you are in need of financial assistance or payment arrangements contact us. Premarital, Marital, Divorce, Career Transition, Financial Education, or Mental Health Counseling. Psychological, vocational and personal evaluation. One Kingdom Kloset thrift store is in operation at 8160 Macon Road and three more are expected to open within one year. Stores are expected to provide affordable clothing and job training skills for clients.

### **Les Passees Center for Children and Families**

<http://lpmemphis.org/help/lpcenter>

40 South Idlewild

Memphis, TN 38104

901.272.1646

Life Skills Institute prepares adults for productive roles in society — helping them succeed both at work and in their personal lives. Our courses, offered to MIFA program participants, include: Money Management, THDA certified Home Ownership Training, Basic & Advanced Personal Computer Training (Microsoft Certifications available), Real World of Work Training, Parenting Skills, HIV & Aids Prevention, Sexual Abuse Prevention, Time/Anger Management, Conflict Resolution, Health & Wellness Topics (including a community Health Fair) and Youth Day Out (each month). Offers counseling for both adults and children. “Hope Chest” is a Christmas event that enables qualified MIFA-program participants to shop for two new toys for each of their children. Dylan’s Den, young children play and learn music and rhythmic movement. Life Skills Institute, Les Passes Prepares adults for productive roles in society — helping them succeed both at work and in their personal lives. Courses, offered to MIFA program participants, include: Money Management and THDA certified Home Ownership Training.

### **Love In Action International**

[www.loveinaction.org/default2.aspx?pid=87](http://www.loveinaction.org/default2.aspx?pid=87)

4780 Yale Road

Memphis, TN 38128

901.751.2468

To provide support, counsel and Christian discipleship to individuals desiring freedom from sexually addictive behavior and identity; To provide education, counsel and Christian discipleship to family and friends of those involved in sexually addictive behavior and identity; To educate clergy, churches, and other groups to respond in greater numbers to the suffering community at that divine juncture where consequences are realized and forgiveness is possible.

### **Memphis City Schools Mental Health Center**

[http://www.memphis-schools.k12.tn.us/admin/communications/Dept\\_Curriculum/DEC/DEC\\_frames.htm](http://www.memphis-schools.k12.tn.us/admin/communications/Dept_Curriculum/DEC/DEC_frames.htm)

Employs over 120 supervising psychologists, school psychologists, school social workers, and alcohol and drug counselors and offers an array of school-based services including: Psychological assessment, Crisis intervention and postvention, Threat assessments, Alcohol and drug outpatient treatment, Alcohol and drug Intensive Focus Groups (IFG) , Parent training, Skill development and pro social prevention groups, Consultation

### **Memphis Mental Health Institute, Department of Mental Health, State of Tennessee**

<http://www.state.tn.us/mental/mhs/mmhi/mmhi.html>

951 Court Avenue

Memphis, TN 38103

901-577-1800

A new 75-bed facility to house short-term psychiatric patients. One of five state psychiatric hospitals in Tennessee and serves the Memphis community. Admits almost exclusively patients who cannot be admitted to area private hospitals. The patients often have chronic mental illnesses and many have histories of multiple hospitalizations. Most of the patients are referred on an involuntary basis because of an acute episode, which poses a risk of danger to themselves or others. Some are referred from the court for a pre-trial evaluation.

### **Mental Health Resources, PLLC**

[www.mhrmemphis.com](http://www.mhrmemphis.com)

1027 S. Yates Rd.

Memphis, TN 38119

901-682-6136

Provides high quality mental health services to treat depression, anxiety, alcohol, drugs and co-occurring disorders in an outpatient office environment. We are a small, multidisciplinary, private practice comprised of psychologists, social workers, counselors and psychiatrists. Our multidisciplinary team is skilled in a range of therapeutic treatments. The therapists are licensed by the State of Tennessee at the highest level of proficiency in their respective fields. Provide traditional mental health services, including therapy or counseling for the individual, couples, family and group, psychological and forensic evaluations, and we also offer urgent / emergent appointments for crisis intervention on a daily basis.

### **Midtown Mental Health Center - Emergency Mental Health Services**

[www.midtownmentalhealth.org](http://www.midtownmentalhealth.org)

427 Linden Ave.

Memphis, TN 38126

901.577.0243

Crisis Hotline 577.9400

24-hour crisis intervention hotline, Pre-screening for mental health services, Community respite homes (temporary non-hospital shelters 901.577.9446), Crisis stabilization, Mobile crisis team, Emergency Outpatient clinic, Baby Love Program, Midtown Mobile Crisis Unit, Memphis, Counseling and/or Mental Health Services Provides emergency in-house mental health assessment

### **Mission Possible Christian Outreach Service Mission**

[http://www.tennhelp.com/tennHelpView?th\\_id=5884](http://www.tennhelp.com/tennHelpView?th_id=5884)

2400 Poplar Ave # 428

Memphis, TN 38112

901.458.4357

Christian-based counseling, individual and group. For troubled youth, families, employees, EAP agency referrals; resources (food/clothing) for the poor; spiritual growth retreats/seminars.

### **Neighborhood Christian Centers, Inc.**

<http://www.ncclife.org/>

North Center, Ministries' Complex

785 Jackson Avenue

Memphis, TN 38107

901-881-6013

Scott Street Office

223 Scott Street

Memphis, TN 38112

901-881-6013

A community that lives and proclaims the Gospel of Jesus Christ. By conducting ministry that meets both practical and spiritual needs, we envision a transformation in the lives of those we serve, in effect "changing a generation." Since 1978, NCC has laid a strong foundation of ministry in our community, and the coming years will build on that foundation to reach even more people by training likeminded churches and individuals to carry out compassionate, Christ-centered ministry.

#### *Youth Ministries:*

\*CAPS: College assistance for students who qualify primarily through Youth Ministry programs and inquiries from the community.

\*Club Recreation: Organized recreational activities held in conjunction with youth programs.

Educational Ministries: One-on-one tutoring, Read to Me program for children 0-5, Think Tank homework centers and computer labs.

\*NCC Arts: Summer work program in which at-risk teens serve as "missionaries," participating in community service, performing arts and financial education.

\*Summer Camps: Urban children receive scholarships to attend NCC Camps.

\*T.R.U.T.H. Seekers: After-school Bible studies for youth ages 5-18 that focus on the prevention of at-risk behaviors.

\*Youth Multi-Media Ministries YM(3): Youth develop multi-media productions that are used to teach young T.R.U.T.H. Seekers about the Word of God.

#### *Family and Church Enrichment:*

\*Chapel Ministries: Hosts client weddings and funerals as well as new neighborhood churches until they become established.

\*LoveBuilders: Couples attend sessions throughout the year and an annual retreat focusing on marriage and family issues; lay counseling, including pre and post-marital counseling, are offered when needed.

\*LoveBuilders Kids: Couples are encouraged to bring their children to monthly sessions where the youth are taken to another room for fun activities and to hear guest speakers on various topics such as healthy lifestyles, safety awareness, drug awareness, abstinence and Biblical principles.

\*[Memphis Bible Institute \(MBI\)](#): is a non-degreed program that offers urban leaders the basic Biblical foundation they need to pursue a seminary or Bible college degree.

\*Neighborhood Church Network: A growing number of small, minority churches are empowered to meet the needs of the poor and mentored to be the "hands and feet" of Jesus.

\*Fresh Start: Serves pregnant women who may not have the resources to provide their babies with the best possible starts in life. By providing participants with necessary resources and requiring them to complete prenatal doctors' visits, child birth and parenting classes, we believe their chances of delivering healthy babies and raising healthy children through good parenting increase.

#### *Compassionate Ministries*

\*Christmas Outreach: Thousands of families receive baskets of food, children receive toys, and needy families are paired with more fortunate families to share blessings.

- \*Emergency Assistance: Utility assistance, burn out assistance and referrals to partnering agencies are offered to those in need.
- \*Food Pantry and Clothes Closet: Donated food and clothes are distributed throughout the city.
- \*Affiliate Services: New individuals, churches and sites continually seek to be added as NCC affiliates in order to effectively serve the practical and spiritual needs of their neighbors. We encourage affiliates to house NCC programs and to refer clients to both NCC programs and churches in the Neighborhood Church Network. NCC commissions individuals who desire to serve as independent missionaries in their neighborhoods and provides them with the training and resources to meet the practical and spiritual needs of their neighbors. NCC strives to train missionaries to strategically target various neighborhoods in order to reach as many people as possible.
- \*Satellite Sites: Greenbriar, Chickasaw Place, Robinhood and Pershing Park apartment complexes are essential sites for carrying out the NCC mission and also serve as model programs. Site Directors oversee programs and services on a full-time basis to the residents of each complex.
- \*Women of Empowerment (WOE): Encourages single mothers through Bible studies and life skills training.

### **Parkwood Behavioral Health System**

[www.parkwoodbhs.com/](http://www.parkwoodbhs.com/)

8135 Goodman Road  
Olive Branch, MS 38654  
800.477.3422

A 128 bed facility, devoted exclusively to the care and treatment of children, adolescents and adults with psychiatric and substance abuse issues. Since commencing operations in April, 1987, Parkwood has successfully served North Mississippi and the Mid-South region through the offering of comprehensive mental health services. Programs include inpatient, partial intensive outpatient and residential treatment. Our Residential Treatment Center has a fully licensed school on campus known as Park Academy. Located in DeSoto County, is in the uppermost northwest corner of Mississippi. Approximately 7 miles south of Memphis, TN, the hospital is part of the Memphis Metropolitan Statistical Area.

### **Pilgrim Center, First Congregational Church (First Congo)**

1000 S. Cooper Street  
Memphis, TN 38104  
901.278.6786

<http://www.firstcongo.com/pilgrim.shtml>

Professional Mental Health Care: Provided through the Pilgrim Center. The Pilgrim Center provides psychological, social and spiritual counseling to members of the congregation, members of the immediate neighborhood, and to the city at large.

### **Psychological Services Center, University of Memphis**

[www.psyc.memphis.edu](http://www.psyc.memphis.edu)

Psychology Building , Room 126  
Memphis, TN 38152  
901.678.2147

Individual and Family Counseling, Assessment Testing, Psychological Counseling, Couples/Family Counseling, Group Counseling/Support Groups, LD (Learning Disorders) Testing, Substance Abuse Counseling. Sees both students and clients who are not enrolled as students. Charges are assessed on a sliding-fee basis.

\*Adult Services: Individual counseling is provided for clients who are experiencing interpersonal difficulties at home or at work. Problems such as depression, anxiety, phobias, sleep disturbances, adjustment problems, and stress-related difficulties are commonly treated. The center also has a state-of-the-art program on the treatment of problem gambling. Additionally, marital/couples' therapy is provided for couples who are experiencing difficulties related to conflict resolution, spouse abuse, sexual dysfunctions, or other problems requiring joint intervention.

\*Child Services: Services are provided for children experiencing difficulties at school or at home. Services include individual counseling, consultation, and other interventions for use in the school and/or home. Center staff who specialize in dealing with childhood problems work closely with children, their parents or guardians, and school personnel in the management of the child's difficulties.

\*Family Services: Counseling is provided for problems requiring family interventions. Therapists trained in family therapy provide counseling for problems resulting from interpersonal conflicts, blended families' issues, and adjustment to divorce.

\*Health Psychology: Individual and group counseling is provided to aid clients in such activities as smoking cessation, weight loss, pain and headache management, adjustment to chronic illness and traumatic loss, and stress reduction. Therapists trained in medical psychology and cognitive-behavioral interventions work with individuals experiencing problems in such areas to promote a healthier lifestyle.

\*Psychoeducational Evaluation: Services include the evaluation of intelligence, achievement, personality, psychomotor, and other skills and abilities in children, adolescents, and adults. The staff work closely with school personnel in the evaluation of children suspected of being eligible for special education (e.g. children with learning disabilities, mental retardation, giftedness, attention deficit/hyperactivity disorder, behavioral disorders). In conjunction with The University of Memphis Office for Students with Disabilities, the Center provides evaluation and consultation for students experiencing academic problems in college.

\*Elimination Disorders: Screening and treatment are provided for children with problems of enuresis or encopresis. The emphasis of the program is on training parents to deal with the frustrations of soiling or bedwetting, and to implement behavioral treatment

procedures for the child in the home.

\*Adult Education Classes: Additionally, classes are offered through the University's Continuing Education program in anger management, stress management, assertiveness training, and relationship building.

**The Rainbow Center for Children and Adolescents**

[www.therainbowcenter.net/page/14h4r/About\\_Us.html](http://www.therainbowcenter.net/page/14h4r/About_Us.html)

P.O. Box 752552

Memphis, TN 38175

901.755-1856

Dedicated to teaching children and adolescents how to grieve peacefully, find peace within, and cope with the loss of a parent(s). Our services include grief counseling, support groups and a mentoring program. We also teach the surviving parent and child how to support each other during the grieving process, how to overcome the hurt and pain associated with the loss of a parent(s), and how to reduce anger and frustration that the child or parent may feel. The Rainbow Center for Children and Adolescents is free of charge to low-moderate income families that are not fortunate to afford the cost.

**Samaritan Counseling Centers of the Mid-South**

Samaritan Administrative Offices

35 South Auburndale Street

Memphis, TN 38104

901.729.3900

[www.explorefaith.org/samaritan\\_counseling.html](http://www.explorefaith.org/samaritan_counseling.html)

Counseling services are provided for adults, adolescents, children and couples on an individual, family or group basis. Counselors have understanding of the processes of human development and the spiritual dimensions of life, and are skilled in guiding the exploration of problems which stand as barriers to a fuller, more satisfying life. Committed to nurturing emotional and spiritual health. Counseling deals with Anxiety, Grief, Marital and Family Conflicts, Divorce or Remarriage, Stress, Low Self-esteem, Anger, Physical, Emotional or Sexual Abuse, Substance Abuse Issues, Parenting, Faith Crises, Life Changes, The Challenge of Growth.

Services are provided at four locations:

**Calvary Episcopal Church**

102 North 2nd Street

Memphis, TN 38103

**First Baptist Church of Memphis**

200 East Parkway North

Memphis, TN 38112

**Germantown Presbyterian Church**

2363 Germantown Road South

Germantown, TN 38138

**Idlewild Presbyterian Church**

35 South Auburndale Street

Memphis, TN 38104

**Southeast Mental Health Center, Inc**

3810 Winchester Rd

Memphis, TN 38118

901 369.1400

[http://alcoholism.about.com/od/tx\\_tn/qt/tn125.htm](http://alcoholism.about.com/od/tx_tn/qt/tn125.htm)

Mental health and substance abuse services, and Drug Treatment Services, Vocational Services, Case Monitoring, Day Treatment Psychotherapy and Counseling, EAPs, Education Services, Family/Marriage Counseling, Alcohol.

**Special Problems Unit, University of Tennessee**

[www.utmem.edu](http://www.utmem.edu)

N. Pauline Street

Memphis, TN 38105

901.448.2522 or 901.448.5489

Professional Mental Health Care: Evaluation and treatment for child and adult sex offenders.

**Transformation Center for Women**

[www.fitforlifememphis.com](http://www.fitforlifememphis.com)

Fit for Life Transformation Center

110 Timber Creek Dr.

Cordova, TN 38018

901.755.1396

Two Intensive Outpatient Programs for women - One for Eating and Body Image Disorders and One for Adolescent Girls with

Mental Health Issues. Each provide effective psychological counseling, integrated with mind / body therapies. Our goal is to help each client entrusted to us to develop a sound mind, a healthy body, and a balanced life.

### **Urban Family Ministries**

2174 Lamar Avenue  
Memphis, TN 38114  
901.323.8400

<http://www.ufmcdc.org/>

Alcohol and drug recovery and relapse prevention, Homeless shelter for men, women and children, Provides faith based family and individual counseling including HIV-AIDS, group therapy, GED classes, employment skills development and vocational training.

### **Victims to Victory**

1548 Poplar Avenue  
Memphis, TN 38104  
901.729.2931

[www.mlfonline.org/helping/vtv.htm](http://www.mlfonline.org/helping/vtv.htm)

Grief support ministry for families and friends of victims of homicide. Offers practical help, emotional help, and support that encourages hope in Christ and helps families of homicide victims work through issues of their loss and move toward healing.

### **Whitehaven Southwest Mental Health Center**

1087 Alice Avenue  
Memphis, TN 38106  
901.259.1920

[www.wswmhc.net/](http://www.wswmhc.net/)

Adolescents, Persons with co-occurring mental and substance abuse disorders, Persons with HIV/AIDS, DUI/DWI offenders, Criminal justice clients. Medication Clinic, Individual Counseling, Group Counseling, Housing, Children, Youth and Families.

### **YWCA Abused Women's Services**

<http://www.memphisywca.org/abusedwomensvs.asp>

901.725.4277

Women and Women with children, victims of domestic violence. Abused Women's Services is a multifaceted program consisting of four (4) major components: Community Education, Court Advocacy, Immigrant Women's Services and Emergency Shelter. services included but were not limited to crisis counseling, individual and group counseling, shelter, food, transportation, clothing, court advocacy, social service referrals and education/information on domestic violence.

## **Special Counseling Programs**

### **The Gambling Clinic, University of Memphis**

<http://thegamblingclinic.memphis.edu/>

202 Psychology Building,  
Memphis, TN 38152  
901.678.3491

Offers a low-cost, outpatient program to help people gain control over their gambling problems through guided self-change and motivational approaches to aid individuals in controlling their gambling. Provide high quality, cost-efficient services to Mid- South problem gamblers and conduct research.

### **Overeaters Anonymous**

499 Patterson St.,  
Memphis, TN 38111  
901-458-5261

[www.oamemphis.org](http://www.oamemphis.org)

Fellowship group for those who suffer from compulsive overeating. Our primary purpose is to stop eating compulsively and we welcome in fellowship and friendly understanding all those who share our common problem.